



Patient Name: _____

Date: _____

Arrival Time: _____

Test Time: _____

Location of test: **2727 Bolton Boone Dr, Suite 112
DeSoto, TX 75115**

**221 Regency Parkway, Suite 105
Mansfield, TX 76063**

INSTRUCTIONS FOR STRESS ECHO/TREADMILL TEST

1. **NO CAFFEINE** 4 Hours prior to the test, however, you may drink Water.
2. If you take beta-blocker such as Toprol, Metoprolol, Atenolol, Bystolic, Inderal (Propranolol) or Coreg hold the medicine for 24 hours prior to the test
3. Continue all other medicines as scheduled. You may take medicines with sips of water. **Bring all your medicines with you**
4. Wear comfortable clothing and walking shoes. Please do not wear a dress.

Patient Signature